

Attention all BallyCara staff working in the Moreton Bay, Brisbane and Logan regions

BallyCara Requirements

We provide the following update in response to the Queensland Government restrictions effective from **6pm Monday 11 January until 1am Friday 22 January 2021**. The following requirements apply whilst working for BallyCara:

1. All staff interacting directly with customers must wear a surgical, single use face mask at all times. Residential Team members providing personal care are required to also wear protective eyewear as well as a mask. BallyCara has adequate supplies of single use face masks, eyewear, gloves and all required personal protective equipment so please ensure you are equipped with these resources.
2. Staff working in office environments are to ensure social distancing, personal hygiene and workplace cleanliness are practised at all times. Face masks are only required to be worn where the 2 square metre rule is unable to be maintained and when staff are walking through or interacting directly with customers (eg. Reception and Entry/exits).
3. All our indoor workspaces are under 200 square metres floor space therefore can have one person per 2 square metres, up to 50 people at a time.
4. Grounds and Maintenance staff are required to wear a surgical, single use face mask when performing work within Residential Aged Care, a Village Resident's home, and when undertaking tasks indoors or outdoors where unable to social distance (within 2 square metre rule).
5. Catering staff are only required to wear a surgical, single use face mask when serving and delivering food, within the Coffee Bar, Village Dining Room and Residential Aged Care locations.
6. Remember if you are not well or showing any COVID 19 symptoms (including Fever, Cough, Sore throat, Shortness of breath, Runny nose, Fatigue, Diarrhoea, Vomiting or nausea, Loss of smell and/or taste) get tested and isolate until your test results are known.

General Community Information

Please note the following directions apply for all persons living in the Greater Brisbane region and we encourage you to remain vigilant when not at work:

Face masks

You **must carry a face mask with you at all times** when you leave home, unless you have a lawful reason not to. You **must wear a mask in indoor spaces**, except in your home. For example:

- shopping centres, supermarkets, retail outlets and indoor markets
- hospitals and aged care facilities
- churches and places of worship

- libraries
- indoor recreational facilities and gyms
- indoor workplaces (where you can't socially distance)
- public transport, taxis and rideshare

Queensland Health recommend you **wear a mask when outdoors if you are unable to stay more than 1.5m distance from other people**, such as busy walkways and thoroughfares. Children under 12 years are and people affected by a medical condition or disability are exempt.

Home confinement and movement

You can leave your home for any purpose. You can travel anywhere in Australia. Please note other states and territories may have restrictions in place that prevent you from travelling to them.

Gatherings

Gatherings of up to 20 people in homes and public spaces are allowed. This number includes those who live with you.

Face masks alone will not protect you from COVID-19. Social distancing is the gold standard of COVID-19 prevention methods, coupled with washing your hands regularly.

How to wear a mask

1. Clean your hands with soap and water or alcohol-based hand rub (made up of over 60% alcohol or 70% isopropanol) before you put on your mask.
2. Hold the mask by its tapes or loops, then tie the mask around your head or put the loops around your ears.
3. Make sure the mask completely covers your mouth and nose, and that there are no gaps between your face and the mask. If you are using a surgical mask, press the nose piece around your nose.

If you are using a mask with ear loops, you can use a plastic clip or tie to join the ends together at the back of your head to make sure it fits securely on your face.

Make sure that your mask does not have holes or a valve, as if you have COVID-19, you can breathe out the virus.

Do not touch your eyes, nose, or mouth or the front of the mask while wearing it.

If the mask gets soiled or damp, replace it with a new one.

Source and further information at: <https://www.qld.gov.au/health/conditions/health-alerts/coronavirus-covid-19/current-status/easing-greater-brisbane-restrictions>

We thank you for your continued dedication and commitment to the essential services we provide to our BallyCara friends.

Regards



Marcus Riley
Executive Chairman