

Dear Friends,

This morning the Premier and Chief Health Officer has announced that the greater Brisbane lockdown will end at 6pm tonight however some restrictions will continue.

These ongoing restrictions will continue for the next 10 days, ending on January 22 at 1am (or unless otherwise advised).

It is important to note that your health and wellbeing is our priority and we confirm the following: -

- All Home Care, Wellness and STRC services will continue
- Staff will continue to carry out the doorstep screening prior to entering your home.
- Staff will wear a face mask whenever they are with you, this includes transporting, accompanying to shops, appointments and while in your home
- Staff will wear a face mask and standard PPE when providing personal care

Groups & Wellness Services:-

- a) group classes – will continue however the wearing of a mask by all clients is compulsory.
- b) individual sessions – continue but with masks worn by therapists and client
- a) Health Clinic – at Scarborough & Woolloowin – will operate under strict social distancing guidelines and both client and therapist must be wearing a mask.
- c) Invigorate – at Scarborough & Woolloowin – will continue, again under strict social distancing guidelines and attendees will be required to wear a mask at all times other than when eating or drinking.

As directed by Queensland Health, you are required to carry a mask on you whenever you leave home as you will need to wear a mask when entering communal spaces including shopping centres and supermarkets, gyms, places of worship, libraries, taxis and rideshares.

We ask that you continue to abide by these requirements at all times and we will be sure to keep you updated with any changes that may occur. If you require additional services or supports at this time, please contact our team to discuss.

Thank you for your ongoing support with these restrictions.

Kind regards,



Kate Newton
Service Quality Director